



ANTA Continuing Professional Development (CPD) Guidelines

What is CPD

Continuing Professional Development is the upgrading or acquisition of knowledge and skills in the accredited modalities that will aid the practitioner in providing the patient with a high standard of health care.

Why is CPD Necessary

CPD is an important part of providing professional healthcare services to patients and ensures practitioners regularly update their clinical skills and professional knowledge.

ANTA requires members to complete 20 CPD hours annually (January to December). Completion of 20 CPD hours annually is a requirement for your ongoing ANTA membership. It is also a requirement for provider recognition with all Health Funds and Work Cover authorities (if applicable). If you are registered with Health Funds and Work Cover authorities, they will terminate your provider recognition.

Please note that 1 hour = 1 point.

For members registered with Health Funds, please note that they carry out audits of your records each year to ensure 20 hours of CPD have been completed.

By the end of each calendar year, ensure that you lodge details of 20 hours of CPD in your Member profile. We recommend that you also keep a copy of your CPD records (e.g. attendance certificates) in the event of an audit by a health fund (if applicable).

Other Benefits of CPD

- Members are kept informed and up to date with the latest developments
- Facilitates communication and networking
- Encourages further study
- Enhances professional standing within the community

Required CPD Hours

At least 50% of the 20 CPD hours undertaken must be related to the modalities you are accredited in by ANTA.

Note: hours exceeding 20 completed in the current year are not permitted to be carried over to subsequent years.

Members registered with CMBA/AHPRA must abide by the CMBA/AHPRA CPD/CPD Guidelines for the modalities of Acupuncture and Chinese Herbal Medicine and must also submit their CPD to ANTA (<http://www.ahpra.gov.au/chinese-medicine.aspx>).

CPD Activities

Members can undertake CPD hours in many ways, including the following:

- Attend ANTA free seminars
- Research scientific information within the ANTA Member Centre on IMGateway and eMIMS
- Participate in research projects involving or related to natural therapies
- View seminar recordings and seminar presentations
- Complete courses on ANTA eLearning Centre
- Give lectures/tutorials
- Give CPD seminar presentations
- Undertake further study

- Complete short courses
- Contribute an article to the ANTA journal “The Natural Therapist” and the ANTA website
- Contribute an article to other relevant journals, magazines and publications
- Read articles in the bi-annual ANTA journal “The Natural Therapist”
- Subscribe to and read other professional publications and journals
- Watch ANTA webinar series or other recordings on relevant topics
- Listen to podcasts on relevant topics
- Radio/TV broadcast on relevant topics
- Read and research information on topics relevant to your practice
- Attend local practitioner groups/workshops
- Conduct volunteer work with community groups involving natural therapies

Note: First Aid and CPR courses are not recognised or accepted as CPD by ANTA or Health Funds.

ANTA and other CPD seminars are communicated to members via the ANTA website, ANTA eNews and in “The Natural Therapist”. Members should regularly check the ANTA website for details of seminars.

Maintaining your own personal online CPD Record

ANTA provides members with simple, easy-to-use online facilities to complete and lodge their CPD hours in their own personal Member profile (Note: your CPD history is retained for future reference, and you should not delete any of your online CPD records as ANTA may be required to present them to Health Funds if requested).

To submit/edit/view your CPD hours online with ANTA

- Log in to your member profile and click on “CPD Activity”
- Click on “Submit/Edit CPD Points”
- Click on “Add a new CPD Activity” to add a new record or “Edit an existing CPD Activity record” to edit or delete a record

Enter the following details for each activity:

- Date of activity
- CPD year (for auto calculation) – this is the year that you completed the activity
- Resource, e.g. Book, Course, Seminar, Webinar, etc
- Short description of activity (including author or link where applicable)
- Number of hours of activity (if an activity is 30 minutes, record as 0.5)

For further information or assistance, contact ANTA at admin@anta.com.au or 1800 817 577.